



Employee Assistance Program



1-833-430-6028

Below are links to a variety of Kepto's COVID-Resources. In order to access the documents, use company code: POOLPACTEAP.

Articles

- [Coronavirus vs. flu: Similarities and differences](#)
- [Debunking COVID-19 \(coronavirus\) myths](#)
- [Pregnancy and COVID-19: What are the risks?](#)
- [COVID-19: Coping with Stress](#)
- [COVID-19 \(coronavirus\) in babies and children](#)
- [COVID-19 \(coronavirus\): Long-term effects](#)
- [COVID-19, cold, allergies and the flu: What are the differences?](#)
- [Getting safe emergency care during the COVID-19 \(coronavirus\) pandemic](#)
- [Post-COVID Recovery](#)
- [Understanding and Reducing Risk During the COVID-19 Pandemic](#)
- [Celebrating Holidays During the COVID-19 Pandemic](#)
- [Ways to fight coronavirus transmission at home](#)
- [COVID-19: Nursing Home Care and Assisted Living](#)
- [COVID-19 \(coronavirus\) vaccine: Get the facts](#)
- [COVID-19 Vaccine: Making the Decision](#)
- [Herd immunity and COVID-19 \(coronavirus\): What you need to know](#)
- [Coronavirus disease 2019 \(COVID-19\)](#)
- [Facing major surgery in the COVID-19 era](#)
- [How to talk to your kids about COVID-19](#)
- [Safe outdoor activities during the COVID-19 pandemic](#)

[View All Articles](#)

Online Seminars

News

- [COVID-19 Info](#)
- [Racial Equity](#)

Frequently Asked Questions

- [COVID-19 \(coronavirus\) drugs: Are there any that work?](#)
- [Unusual coronavirus \(COVID-19\) symptoms: What are they?](#)
- [Sex and coronavirus: Can you get COVID-19 from sexual activity?](#)
- [Contact tracing and COVID-19: What is it and how does it work?](#)
- [COVID-19 and pets: Can dogs and cats get coronavirus?](#)
- [How do COVID-19 antibody tests differ from diagnostic tests?](#)
- [Coronavirus disease: What is it and how can I protect myself?](#)
- [Can COVID-19 \(coronavirus\) spread through food, water, surfaces and pets?](#)
- [Coronavirus infection by race: What's behind the health disparities?](#)
- [Convalescent plasma: Possible treatment for COVID-19?](#)
- [COVID-19 and high blood pressure: Am I at risk?](#)
- [Routine cancer screening during coronavirus \(COVID-19\) pandemic](#)

Procedures

- [COVID-19 antibody testing](#)
- [Convalescent plasma therapy](#)
- [COVID-19 diagnostic testing](#)
- [Extracorporeal membrane oxygenation \(ECMO\)](#)

Handbooks

- [Leading Teams in a COVID-19 World: A Guide for Managers](#)
- [Resuming School During COVID-19: A Resource Guide for Parents](#)
- [Socially Safe Summer Child Care Guide](#)